

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	Stay Strong and Sturdy 11 a.m. Go Dance 4477 S. Lamar Blvd #530	1 Stay Strong and Sturdy 10 a.m. Balance Dance 4544 S. Lamar	2
3	4	5 Stay Strong and Sturdy 9 a.m. Balance Dance 4544 S. Lamar	6 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	7 Stay Strong and Sturdy 11 a.m. Go Dance 4477 S. Lamar Blvd #530	8 Stay Strong and Sturdy 10 a.m. Balance Dance 4544 S. Lamar	9
10	11 Afternoon Park Walk 1 p.m. Dick Nichols Park 8011 Beckett Rd	12 Stay Strong and Sturdy 9 a.m. Balance Dance 4544 S. Lamar	13 Aging Together 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	14 Stay Strong and Sturdy 11 a.m. Go Dance 4477 S. Lamar Blvd #530	15 Stay Strong and Sturdy 10 a.m. Balance Dance 4544 S. Lamar	16
17	18 Stay Social White elephant gift exchange- bring something you want to "regift" to share 2:30 p.m. Central Market South	19 Stay Strong and Sturdy 9 a.m. Balance Dance 4544 S. Lamar Blvd	20 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	21 Stay Strong and Sturdy 11 a.m. Go Dance 4477 S. Lamar Blvd #530	22 Stay Strong and Sturdy 10 a.m. Balance Dance 4544 S. Lamar	23
24	25 Christmas Day	26	27	28 Yoga 11 a.m. Go Dance 4477 S. Lamar Blvd #530	29 Stay Strong and Sturdy 10 a.m. Balance Dance 4544 S. Lamar	30